

EDUCATION PROGRAMS GUIDE

Tuition-Free Dance, Fitness and Wellness Programs Fall 2019 – Spring 2020

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MISSION AND HISTORY

New Orleans Ballet Association (NOBA) was established in 1969 and advances the dance field through the cultivation of understanding, appreciation, and enjoyment of dance through performance, education, and community service. Priorities include providing arts education programs that leverage dance as a

catalyst for lifelong learning; reducing and eliminating barriers to ensure equal access for all; and creating and sustaining partnerships with health, education and community service organizations for maximum community impact.

Each year, NOBA reaches more than 33,000 individuals through a **Main Stage Series**, a season of world-class dance companies; and nationally recognized **Education Programs** that educate, train, and





CONTACT INFORMATION

Please direct all program related inquiries to NOBA's Education Department at 504-522-0996 ext. 207 or 213, or by e-mail to education@nobadance.com or mwhite@nobadance.com.



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WEBSITE: <u>www.nobadance.com</u> | SOCIAL MEDIA: @nobadance *Please note that no classes are offered at our administrative office.

NOBA Center for Dance Tuition-Free Dance, Fitness and Wellness Programs



YOUTH PROGRAMS

Early Childhood Program (ages 3-5) and **Preparatory Program** (ages 6-18) youth dance classes are open to any child. To register, students must be the required age for each class by September 1, 2019. Placement depends on both age and experience level. Youth preparatory dance classes begin the week of September 3, 2019 and run through the last week of April 2020.

Relevé Program ballet classes are open to focused students ages 8-11 with at least two years of prior training. To be considered for this class, students must submit an application during open registration at Lyons Rec Center on August 22, 2019, and also participate in two evaluation classes at Lyons Rec Center on August 27 and 29, 2019. Following these evaluation classes, placement or class level changes may be made at the discretion of NOBA faculty/staff.

TO REGISTER (EARLY CHILDHOOD, PREPARATORY, OR RELEVE PROGRAM): Everyone must register, including returning students. Enrollment is required via attending in-person registration at the respective location(s) and will remain open through September 20, 2019 or until classes are filled. If your child is 3-6 years old, a copy of their birth certificate is required at registration. There is a \$10.00 (cash only) processing fee due at time of registration. If you wish to enroll at multiple centers, it is strongly recommended that you go to each center to register as in-person registrations are given priority. Enrollment packets will be available at registration.

Pre-Professional Program and **Bridge Program** (by audition/invitation only) are designed to provide motivated, talented students ages 8-18 intensive instruction in ballet, pointe, modern, repertoire, conditioning and other dance forms. Students have access to unparalled training with local and visiting master artists, and perform in The Nutcracker Suite, Spring Concert of Dance, and other special projects. Classes begin the week of September 3, 2019 for the Academic Year 2019-2020, which culminates on May 17, 2020 with the Spring Concert at Tulane's Dixon Hall. Students in these programs participate in between 3-6 days per week of classes, depending on level. Ages per level and class vary. Registration and supply fees apply and vary per level – financial need-based scholarships are available via an application process.

OPEN AUDITIONS: Friday, August 16, 2019

Audition Location: Lyons Rec Center (624 Louisiana Ave.) AGES 8-11 5:15 Registration, 5:45-6:45pm Audition AGES 12-18 7:00pm Registration, 7:30-8:45pm Audition

A parent/guardian MUST be present to complete student application paperwork during on-site registration prior to auditioning. It is recommended that students have a minimum of two years of ballet training to audition. There are no fees for auditioning or for tuition. Supply fees vary per program, and financial need-based scholarships are available for accepted students via an application process. To audition, students must be At least 8 years old as of September 1, 2019; and older than 18 as of May 31, 2020 AND a high school student graduating no earlier than spring 2020. Audition attire: Females - black leotard, flesh-toned or pink tights (convertible to bare feet for modern), and flesh-toned or pink ballet shoes, with hair pulled back in a neat bun; Males - black athletic pants and athletic undergarments, white t-shirt, and black ballet shoes. If accepted, students are placed by NOBA staff in the appropriate program and level based on age, audition performance, and current technical ability. Post-audition feedback will not be available.

NOBA Center for Dance Tuition-Free Dance, Fitness and Wellness Programs



ADULT & SENIOR PROGRAMS

Senior Dance Fitness, Open Community Ballet, and Adaptive Movement & Wellness class registration is on an ongoing basis. Class capacity varies. Class dates and holiday schedules vary per program and location.

- **Senior Dance Fitness** Stretching, cardio and dance, fun music, performance opportunities, wellness and social events, special dance workshops by visiting and local guest artists. Open to ages 55 and up.
- Open Community Ballet Classes are geared for the intermediate/advanced level dancer, with a focus on proper and healthy alignment; technical and artistic proficiency; and musicality in a fun, challenging engaging, and creative space. Open to adults and teens ages 14 and up.
- **Dance for Parkinson's** creative movement classes for persons with Parkinson's disease, their partners, caregivers, and friends set to live music. No dance experience required.
- **Tai Chi** Learn skills to help focus and calm your mind, improve physical and mental balance, increase core strength and strengthen organs, muscles and joints. Open to adults and teens ages 14 and up.
- **Gentle Yoga** Transform your mind, energize your body, open your heart and ignite your spirit! This adaptive wellness class is open to all ability and mobility levels and is designed to reduce stress and promote overall well-being. Open to adults and teens ages 14 and up.
- **Beginner Pilates** This class focuses on lengthening and strengthening the entire body using the core muscles through a series of alignment and stabilization exercises. Open to adults and teens ages 14 and up.



BEHRMAN REC CENTER – 2529 General Meyer Avenue (Algiers)

Senior Dance Fitness takes place in the gym; Preparatory youth classes take place in the dance studio.

Registration: Tuesday, August 20 (5-7pm) at the Behrman Rec Center for youth classes

Class Schedules:

Monday 10:30am-12:30pm Senior Dance Fitness (ages 55+ and adults with disabilities)

Tuesday 4:30-5:30pm Preparatory C Ballet (6-8 y/o)

5:30-6:30pm Preparatory D Ballet (9-18 y/o)

Wednesday 10:30am-12:30pm Senior Dance Fitness (ages 55+ and adults with disabilities)

Thursday 4:30-5:30pm Preparatory C Ballet (6-8 y/o)

5:30-6:30pm Preparatory D Ballet (9-18 y/o)

BROADMOOR ARTS & WELLNESS CENTER – 3900 General Taylor St. (Broadmoor)

Classes are held in the movement room. Youth must attend both days of ballet.

Registration: Thursday, August 29, 2019 (5-7pm) at the Broadmoor Arts & Wellness Center Class Schedules:

Monday 4:30-5:30pm Preparatory C Ballet (6-8 y/o)

5:30-6:30pm Preparatory D Ballet (9-11 y/o) 6:30-7:30pm Preparatory E Ballet (12-18 y/o)

Thursday 4:30-5:30pm Preparatory C Ballet (6-8 y/o)

5:30-6:30pm Preparatory D Ballet (9-11 y/o) 6:30-7:30pm Preparatory E Ballet (12-18 y/o)

CHALMETTE CULTURAL ARTS CENTER – 2600 Palmisano Blvd. (Chalmette)

Preparatory youth classes take place in the dance studios. Youth must attend both days of ballet.

Registration: Wednesday, August 28, 2019 (5-7pm) at Chalmette High School Cultural Arts Center Class Schedules:

Monday 5:30-6:30pm Preparatory C Ballet (6-8 y/o)

6:30-7:30pm Preparatory D Ballet (9-11 y/o) 7:30-8:30pm Preparatory E Ballet (12-18 y/o)

7:30-6:30pm Propagatory C Rallet (4.8 y/o)

Wednesday 5:30-6:30pm Preparatory C Ballet (6-8 y/o) 6:30-7:30pm Preparatory D Ballet (9-11 y/o)

7:30-8:30pm Preparatory E Ballet (12-18 y/o)

CUT OFF REC CENTER – 6600 Belgrade Street (Algiers/Westbank)

Preparatory youth classes take place in the multipurpose room. Youth must attend both days of ballet.

Registration: Wednesday, August 21 (5-7pm) at Cut Off Rec Center for youth classes Class Schedules:

Monday 5:00-6:00pm Preparatory C Ballet (6-8 y/o)

6:00-7:00pm Preparatory D Ballet (9-18 y/o)

Wednesday 5:00-6:00pm Preparatory C Ballet (6-8 y/o)

6:00-7:00pm Preparatory D Ballet (9-18 y/o)

NOBA Center for Dance Tuition-Free Dance, Fitness and Wellness Programs



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GERNON BROWN REC CENTER – 1001 Harrison Avenue (City Park/Lakeview)

Youth classes take place in the dance room. Preparatory C Ballet students must attend both days of class. Early Childhood/Preparatory A Ballet students will be placed in either the Tuesday (Group 1) or Thursday (Group 2) class at the time of registration.

Registration: Tuesday, August 20 (4:30-6:30pm) at Gernon Brown Rec Center for youth classes Class Schedules:

Tuesday 4:30-5:30pm Early Childhood/Preparatory A/B Ballet, Group 1 (4-5 y/o)

5:30-6:30pm Preparatory C Ballet (6-10 y/o)

Thursday 4:30-5:30pm Early Childhood/Preparatory A/B Ballet, Group 2 (4-5 y/o)

5:30pm-6:30pm Preparatory C Ballet (6-10 y/o)

JCC NEW ORLEANS – 5342 St. Charles Ave. (Uptown)

Classes take place in the board room.

Class Schedule:

Wednesday 11:00am-12:15pm New Orleans Dance for Parkinson's Class

*Sponsored by the Oscar J. Tolmas Charitable Trust

JOE W. BROWN REC CENTER – 5601 Read Blvd. (New Orleans East)

Senior Dance Fitness takes place in the gym; Preparatory youth classes take place in the dance studio. Preparatory Youth Program students must attend both days of ballet.

Registration: Monday, August 19 (5-7pm) at Joe W. Brown Rec Center for youth classes Class Schedules:

Monday 10:30am-12:30pm Senior Dance Fitness (ages 55+)

12:30-1:30pm Senior Dance Rehearsal (ages 55+)

4:30-5:30pm Preparatory C Ballet (6-8 y/o) 5:30-6:30pm Preparatory D Ballet (9-18 y/o)

Wednesday 10:30am-12:30pm Senior Dance Fitness (ages 55+)

12:30-1:30pm Senior Dance Rehearsal (ages 55+)

4:30-5:30pm Preparatory C Ballet (6-8 y/o) 5:30-6:30pm Preparatory D Ballet (9-18 y/o)

KENNER DISCOVERY HEALTH SCIENCES ACADEMY – 2504 Maine Ave. (Kenner)

Preparatory Youth Program students must attend both days of ballet.

Registration: Tuesday, August 27, 2019 (4-6pm) at Kenner Discovery Health Sciences Academy Class Schedules:

Tuesday 3:45-4:45pm Preparatory C Ballet (6-8 y/o)

5:00-6:00pm Preparatory D Ballet (9-18 y/o)

Thursday 3:45-4:45pm Preparatory C Ballet (6-8 y/o)

5:00-6:00pm Preparatory D Ballet (9-18 y/o)

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LYONS REC CENTER, THE CHEVRON STUDIO - 624 Louisiana Avenue (Irish Channel)

Registration:

Thursday, August 22 (5-7pm) at Lyons Rec Center for Prep. A Wee Dance (3-4 y/o) Thursday, August 22 (6-8pm) at Lyons Rec Center for Relevé & Preparatory B Youth Ballet Class Schedules:

Class ochicables.		
Monday	10:30-11:30am	Open Community Tai Chi (ages 14+)
	11:45am-12:45pm	Early Childhood/Preparatory A Dance (3-4y/o)
	4:15-5:30pm	Preparatory B Youth Ballet (6-10 y/o)
	5:30-6:45pm	Pre-Professional Orange Ballet
	6:45-7:15pm	Pre-Professional Pointe B
	7:15-8:30pm	Pre-Professional Pointe C
Tuesday	10:30am-12:30pm	, ,
	12:30-1:30pm	Senior Dance Rehearsal (ages 55+)
	4:15-5:30pm	Relevé Dance Program Ballet (ages 8-11)
	5:30-6:45pm	Bridge Program Ballet & Rehearsal
	6:45-8:45pm	Pre-Professional Purple Conditioning, Ballet & Rehearsal
Wednesday	10:30-11:30am	Open Community Gentle Yoga (ages 14+)
	12:00-1:00pm	Open Community Beginner Pilates (ages 14+)
	4:15-5:30pm	Preparatory B Youth Ballet (6-10 y/o)
	5:30-6:45pm	Pre-Professional Blue Ballet
	6:45-8:15pm	Pre-Professional Orange Ballet
	8:15-8:45pm	Pre-Professional Orange Rehearsal
Thursday	10:30am-12:30pm	Senior Dance Fitness (ages 55+)
	12:30-1:30pm	Senior Dance Team Rehearsal (ages 55+)
	4:15-5:30pm	Relevé Dance Program Ballet (ages 8-11)
	5:30-7:00pm	Bridge Program Ballet & Rehearsal
	7:00-8:45pm	Pre-Professional Purple Conditioning, Modern & Rehearsal
Friday	10:30am-12:00pm	Open Community Adult/Teen Ballet (14+; int./adv. level)
	6:15-8:45pm	Pre-Professional Purple Conditioning, Ballet & Rehearsal
Saturday	9:30-10:30am	Early Childhood/Preparatory A Dance (3-4y/o)
•	10:30am-12:00pm	Bridge Program Conditioning, Modern & Rehearsal
	12:00-1:30pm	Pre-Professional Pink Conditioning, Modern & Rehearsal



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<u>MCWILLIAMS HALL, TULANE UNIVERSITY</u> – Elleonora P. McWilliams Hall, 70 Newcomb Circle, 3rd Floor Dance Studios, Tulane University* (Uptown)

*Note for Tulane drop off/pick up: Students may be dropped off and picked up via the Newcomb Circle, which is adjacent to the front entrance to McWilliams Hall (across from Newcomb Art Gallery). Parents/Guardians who choose to park on campus or nearby are welcome to walk students up to the third floor for drop off and pick up. Parents and guardians are not permitted to remain on the third floor during classes; however, there are some hallway waiting areas on the first floor of McWilliams for those who would like to remain onsite during sessions.

Class Schedules:

Friday	5:45-7:15pm	Pre-Professional Blue Conditioning, Modern & Rehearsal
	5:45-7:15pm	Pre-Professional Orange Ballet & Pre-Pointe/Pointe
	7:15-8:15pm	Pre-Professional Blue Ballet & Pre-Pointe/Pointe
	7:15-8:45pm	Pre-Professional Orange Conditioning, Modern & Rehearsal
Saturday	9:15-10:15am	Pre-Professional Blue Ballet
	10:15-11:00am	Pre-Professional Pointe A
	10:15-10:30am	Pre-Professional Orange & Purple Conditioning
	11:00am-12:00pm	Pre-Professional Blue Choreography/Rehearsal
	10:30am-12:00pm	Pre-Professional Purple Ballet & Pointe
	10:30am-12:00pm	Pre-Professional Orange Ballet
	12:00-1:00pm	Pre-Professional Blue Extra Rehearsal slot
	12:00-2:45pm	Pre-Professional Orange Choreography/Rehearsal
	12:00-2:45pm	Pre-Professional Purple Pointe, Choreography/Rehearsal

PONTIFF GYM – 1521 Palm St. (Metairie)

Classes take place in Room 3.

Class Schedule:

Monday 10:30-11:45am Metairie Dance for Parkinson's Class

ROSENWALD REC CENTER - 1120 S. Broad Street (Central City)

Classes are held in the multipurpose room. Preparatory D Modern students must attend both days of classes.

Registration: Wednesday, August 21 (5-7pm) at Rosenwald Rec Center for youth classes Class Schedules:

Monday	4:30-5:30pm	Preparatory B Ballet (5-6 y/o)
	5:30-6:30pm	Preparatory C Ballet (7-9 y/o)
	6:30-7:30pm	Preparatory D Modern (9-18 y/o)
Wednesday	4:30-5:30pm	Preparatory B Jazz (5-6 y/o)
	5:30-6:30pm	Preparatory C Jazz (7-9 y/o)
	6:30-7:30pm	Preparatory D Modern (9-18 y/o)

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ST. BERNARD REC CENTER – 1500 Lafreniere St. (St. Bernard/Gentilly)

Classes are held in the dance room. Preparatory B Ballet students must attend both days of ballet. Early Childhood/Preparatory A Ballet students will be placed in either the Monday (Group 1) or Wednesday (Group 2) class at the time of registration.

Registration: Monday, August 19 (5-7pm) at the St. Bernard Rec Center Class Schedules:

Monday 4:00-5:00pm Early Childhood/Preparatory A Ballet, Group 1 (3-4 y/o)

5:00-6:00pm Preparatory B Ballet (5-7 y/o)

Wednesday 4:00-5:00pm Early Childhood/Preparatory A Ballet Group 2 (3-4 y/o)

5:00-6:00pm Preparatory B Ballet (5-7 y/o)

STALLINGS ST. CLAUDE REC CENTER – 4300 St. Claude Ave. (Bywater/St. Claude)

Classes are held in the dance room. Students must attend both days of classes.

Registration: Wednesday, August 21 (5-7pm) at the Stallings St. Claude Rec Center Class Schedules:

Monday 4:45-5:45pm Preparatory C Ballet (6-11 y/o)

5:45-7:15pm Pre-Professional **Pink** Conditioning, Ballet & Rehearsal

Wednesday 4:45-5:45pm Preparatory C Ballet (6-11 y/o)

5:45-7:15pm Pre-Professional **Pink** Conditioning, Ballet & Rehearsal

TREMÉ RECREATION COMMUNITY CENTER – 900 N. Villere Street (Tremé)

Classes are held in dance room. Preparatory B & C Ballet students must attend both days of classes. **Registration:** Tuesday, August 20 (5-7pm) at Tremé Recreation Community Center for youth classes **Class Schedules:**

Monday	5:00-6:00pm	Preparatory Youth Hip Hop (6-9 y/o)
	6:00-7:00pm	Preparatory Youth Hip Hop (10-18 y/o)
Tuesday	5:00-6:00pm	Preparatory B Ballet (5-6 y/o)
	6:00-7:00pm	Preparatory C Ballet (7-9 y/o)
	7:00-8:00pm	Preparatory D Ballet (9-18 y/o)
Wednesday	4:00-5:00pm	Preparatory C Tap (6-9 y/o)
	5:00-6:00pm	Preparatory D Tap (10-18 y/o)
Thursday	5:00-6:00pm	Preparatory B Ballet (5-6 y/o)
	6:00-7:00pm	Preparatory C Ballet (7-9 y/o)
	7:00-8:00pm	Preparatory D Ballet (9-18 y/o)



IMPORTANT DATES:

Friday, Aug. 16, 2019: Open Auditions for 2019-20 Pre-Professional Program

Monday, Aug. 19 - Thursday, Aug. 29, 2019: Registration for 2019-20 for Youth Preparatory Dance Classes

Monday, Sept. 2, 2019: Labor Day, no classes

Week of Sept. 3, 2019: Youth fall classes begin for fall session

Thursday, Oct. 31, 2019: Halloween, no youth classes

Wednesday, Nov. 13, 2019 (6pm): St. Bernard Rec Center Student Showcase

Thursday, Nov. 14, 2019 (5:30pm): Gernon Brown Rec Center Student Showcase

Sunday, Nov. 24 - Sunday, Dec. 1, 2019: Thanksgiving break, no youth classes

Sunday, Dec. 8, 2019 (3pm & 6pm): CFD Production of The Nutcracker Suite, Dixon Hall

Tuesday, Dec. 10, 2019 (6pm): Tremé Recreation Community Center Student Showcase

Wednesday, Dec. 11, 2019 (6pm): Stallings & Rosenwald Rec Center Student Showcases at each site

Thursday, Dec. 12, 2019 (6pm): Broadmoor Arts and Wellness Center Student Showcase

Monday, Dec. 16, 2019 (6pm): Cut Off & Joe W. Brown Rec Center Student Showcases at each site

Tuesday, Dec. 17, 2019 (6pm): Behrman & Kenner December Student Showcases at each site

Wednesday, Dec. 18, 2019 (7pm): Chalmette High School Cultural Arts Center Winter Performance (St. Bernard Parish After-School Ballet Program)

Thursday, Dec. 19, 2019 (6pm): Lyons Rec Center Student Showcase

Sunday, December 22, 2019 – Sunday, January 5, 2020: Winter break, no youth classes

Monday, Jan. 6 - Thursday, Jan. 9, 2020: Registration for Spring 2020 Youth Preparatory Dance Classes

Monday, Jan. 13, 2020: Preparatory Youth classes resume for winter/spring session (except Chalmette)

Friday, Jan. 17, 2020: Auditions for 2020 Summer Intensive Programs



IMPORTANT DATES:

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Monday, Jan. 20, 2020: Martin Luther King Day, no classes

Monday, Jan. 27, 2020: Youth classes resume for spring semester St. Bernard Parish After-School Ballet Program in Chalmette

Wednesday, Feb. 19 - Friday, Feb. 28, 2020: Mardi Gras break, no youth classes (depending on location)

April 9 – 13, 2020 (Thurs-Mon): Spring Break for Orleans, Jefferson and St. Bernard Parish locations

Tuesday, April 28, 2019 (6:30pm): Spring Dance Concert #1 in Lyons Rec Center Gym

Wednesday, April 29 (7pm), 2020: Spring Dance Concert #2 in Lyons Rec Center Gym

Thursday, April 30, 2020 (5:30pm): Gernon Brown Rec Center, Spring Performance for Early Childhood Ballet Program

Monday, May 4, 2020 (6pm): St. Bernard Rec Center, Spring Performance for Early Childhood Ballet Program

Wednesday, May 13, 2020 (7pm): Chalmette High School Cultural Arts Center Spring Performance (St. Bernard Parish After-School Ballet Program)

Sunday, May 17, 2020 (7pm): Spring Concert "Evening of Dance" at Tulane's Dixon Hall

Monday, May 17 - Thursday, May 20, 2020: Registration for June Twilight Program classes

May – July, 2020: Summer Intensive Programs, Twilight Dance Classes, Adventures in Dance Camp (details TBC)

Monday, Aug. 17 - Thursday, Aug. 20, 2020: Registration for 2020-21 Youth Preparatory Dance Classes

Friday, Aug, 21, 2020: Auditions for 2020-21 Pre-Professional Program

Week of Sept. 7, 2020: Classes begin for fall 2020 session (No classes on Labor Day)