

DANCE *for* PARKINSON'S

“This class provides an inspiration to move and is FUN!”



CLASSES ARE FREE!

WEDNESDAYS, 11:00AM –12:15PM

New Orleans JCC | 5342 St. Charles Ave., New Orleans, LA 70115



Experience the **joy of creative movement and live music** in a fun, welcoming atmosphere! **Drop-in classes** are open to persons with Parkinson's Disease of **all mobility levels**, plus their partners, caregivers and friends. **Dance experience is not required**, and new participants may join at any time! Classes are **modeled after the Dance for PD®** program developed by the Mark Morris Dance Group and the Brooklyn Parkinson Group, whose network of affiliates now spans over 250 communities in 25 countries around the world!

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